

*WNCPA Membership Directory*  
2018

Western North Carolina Psychological Association



Western North Carolina  
Psychological Association

Post Office Box 18314  
Asheville, North Carolina 28814-0314

<https://wncpa.wildapricot.org>



Western North Carolina Psychological Association Directory

**SUSAN C. ARNOLD, PH.D.**

Western North Carolina Clinical Supervision  
8 Kensington Drive  
Asheville, NC 28805

**License #:** NC/LP # 0607

**Office Phone:** 828-775-7228

**E-Mail:** [scarnold@gmail.com](mailto:scarnold@gmail.com)

**Populations (Ages) Served:** Adults (educators; health care providers; parents)

**Payment Accepted:** Cash and checks (no insurance accepted)

**Orientation:** Cognitive-Behavioral

**Topics:** Sexual Behavior (normal and problems); stress management; ethics; child & family development)

**Approaches:** Cognitive-Behavioral Therapy; Hypnotherapy

**Services Offered:** Supervision (Clinical Psychology); Training; Consultation

Western North Carolina Psychological Association Directory

**BILL BARLEY, PH.D.**

The Pisgah Institute  
158 Zillicoa Street  
Asheville, NC 28801

**License:** NC/LP # 0878

**Office Phone:** 828-254-9494 (Answering Service available)

**E-Mail:** [bbarley@pisgahinstitute.com](mailto:bbarley@pisgahinstitute.com)

**Website:** [www.pisgahinstitute.com](http://www.pisgahinstitute.com)

**Populations Served:** Adult and Geriatric/Senior

**Payment Accepted:** Most insurance accepted (as well as Medicare); Cash; Checks; Credit Cards (sliding scale in rare situations)

**Therapies Utilized:** Individual

**Orientation:** Cognitive-Behavioral

**Specialities &**

**Special Populations:** Anxiety; Obsessive-Compulsive; Mood; Depressive; Panic; Repetitive Body-Focused Behavior

**Techniques &**

**Approaches:** Cognitive-behavior conceptualizations & interventions, including DBT (Dialectical Behavioral Therapy) & ACT (Acceptance & Commitment Therapy)

Western North Carolina Psychological Association Directory

**JENNIFER BEEGHLY, PSY.D.**

33 Orange Street  
Asheville, NC 28801

**License:** NC/LP # 5185 TN/LP # 3120 **State(s):** North Carolina  
Tennessee

**Office Phone:** 828-484-2412

**E-Mail:** [drbeeghly@gmail.com](mailto:drbeeghly@gmail.com)

**Populations (Ages) Served:** Adults; Seniors; Geriatrics

**Payment Accepted:** Blue Cross/Blue Shield and self-pay  
(Cash and checks)

**Therapies Utilized:** Individual; Marital; Family

**Orientation:** Cognitive Behavioral Therapy

**Speciality Areas &  
Special Populations:** Veterans; PTSD

Western North Carolina Psychological Association Directory

**DEIRDRE SCHOEN CHRISTY, PH.D.**

117 First Street

Black Mountain, NC 28711

Mailing Address:

P.O. Box 579

Black Mountain, NC 28711

**Licenses:** NC/LP # 2089

NC/SP # 107829

Nationally Certified School Psychologist # 19983

**Office Phone:** 828-669-0505 (answering machine)

**E-Mail:** [dschristy@gmail.com](mailto:dschristy@gmail.com)

**Populations (Ages) Served:** Children (6-12); Adolescents

**Payment Accepted:** Cash; Checks

**Orientation:** Developmental

**Speciality Areas &  
Special Populations:**

School Psychology; Development;  
Learning & Attention; Strengths &  
Challenges

**Services Offered:** Psycho-educational Evaluation;  
Consultation



**STEPHANIE CITRON, PH.D.**

53 Arlington Street  
Asheville, NC 28801

**License:** NC/LP # 1589

**Office Phone:** 828-251-5096 **(answering machine)**

**Cell-phone:** 828-713-8811

**E-Mail:** [stephcitron@gmail.com](mailto:stephcitron@gmail.com)

**Populations (Ages) Served:** Adults, Seniors & Geriatrics

**Payment Accepted:** Insurance: BCBS; Crescent; Medicare  
Cash; Check; Credit Cards;  
(occasionally accept a sliding scale)

**Therapies Utilized:** Individual; Marital; Family; Workshops

**Orientation:** Psychodynamic; Somatic; Imago  
Couples Relationship

**Speciality Areas &  
Special Populations:** Trauma; Women's Health

**Techniques & Approaches:** Somatic Experiencing; Trauma  
Resiliency Model; Resources for  
Resilience; EMDR; Certified Imago  
Relationship Therapist

**Other Services Offered:** Supervision

Western North Carolina Psychological Association Directory

**JOHN R. CLEMENT, MA**

Asheville Area Psychological Services  
223 East Chestnut Street, Suite 4  
Asheville, NC 28801

Mailing Address:  
P.O. Box 18295  
Asheville, NC 28814

**License:** NC/LPA # 0292

**Office Phone:** 828-713-9332 (cell phone)

**FAX:** 828-258-0253

**E-Mail:** [ashevillepsych@hushmail.com](mailto:ashevillepsych@hushmail.com)

**Website:** ashevillepsych.com

**Populations (Ages) Served:** Child - Adult

**Payment Accepted:** Blue Cross/Blue Shield Insurance and Cash

**Therapies Utilized:** Individual

**Speciality Areas & Special Populations:** Anxiety Disorder; ADHD; Depression; Learning Disabilities; Autism Spectrum

**Services Offered:** Practice Limited to psychological testing & evaluation; Psycho-educational & Psycho-diagnostic evaluations

Western North Carolina Psychological Association Directory

**JERRY COFFEY, PH.D.**

Sylva Clinical Associates  
70 Westcare Drive, Suite 402  
Sylva, NC 28779

**License:** NC/LP # 0406

**Office Phone:** 828-586-5555 (Answering Service)

**FAX:** 828-586-5527

**E-Mail:** [sylvaclinical@yahoo.com](mailto:sylvaclinical@yahoo.com)

**Website:** sylvaclinical.com

**Populations (Ages) Served:** Children

**Payment Accepted:** All insurance (except Medicaid); Credit Cards; Cash; Checks

**Therapies Utilized:** Individual; Family; Workshops

**Orientation:** Cognitive Behavioral Therapy; Parent-Child Interaction Therapy

**Speciality Areas & Special Populations:** Learning Disabilities & ADHD; Behavioral Management (parents are always involved in treatment)

**Services Offered:** Child Therapy & Evaluation; Differential Diagnosis; Behavioral Management; Parenting Strategies

Western North Carolina Psychological Association Directory

**DANIEL H. COGSWELL, PH.D.**

104 Central Avenue  
Asheville, NC 28801

**License:** NC/LP #1660

**Office Phone:** 828-232-9933

**FAX:** 828-232-9933

**E-Mail:** [danielhcogswell@bellsouth.net](mailto:danielhcogswell@bellsouth.net)

**Populations (Ages) Served:** All ages

**Payment Accepted:** Insurance (Blue Cross & Blue Shield; Medicare; Medcost); Credit Cards; Cash; Checks

**Therapies Utilized:** Individual; Marital; Family

**Orientation:** Cognitive-Behavioral; Eclectic

**Techniques & Approaches:** Family Therapy; Parent Consultation; Couples Counseling

**Other Services Offered:** Supervision

Western North Carolina Psychological Association Directory

**FAITH COX, PSY.D.**

70 Westcare Drive, Suite 402  
Sylva, NC 28779

**License:** NC/LP # 3610

**Office Phone:** 828-586-5555

**FAX:** 828-586-5527

**E-Mail:** [drcook@faithcookpsyd.com](mailto:drcook@faithcookpsyd.com)

**Populations (Ages) Served:** Adult; Geriatric & Seniors

**Payment Accepted:** Medicare & most insurance; cash; checks; credit cards (sliding scale available)

**Therapies Utilized:** Individual

**Orientation:** Cognitive-Behavioral Therapy; Positive Psychology; Mindfulness

**Speciality Areas & Special Populations:** Chronic Illness; Geriatrics

**Other Services Offered:** Supervision

Western North Carolina Psychological Association Directory

**KEITH COX, PH.D.**

The Pisgah Institute  
158 Zillicoa Street  
Asheville, NC 28804

**License:** NC/LP# 4902

**State(s):** North Carolina  
South Carolina

**Office Phone:** 828-254-9494

**(Answering Service)**

**Website:** [www.pisgahinstitute.com](http://www.pisgahinstitute.com)

**Populations (Ages) Served:** Adults

**Payment Accepted:** Insurance (Medicare; Blue Cross & Blue Shield)

**Therapies Utilized:** Individual; Marital

**Orientation:** Cognitive-Behavioral; Acceptance & Commitment Therapy; Emotion-focused Therapy

**Speciality Areas & Special Populations:** Depression & Anxiety Disorders; Trauma related disorders; Chronic Pain

**Techniques & Approaches:** Mindfulness & values based approaches; Behavioral Activation; Exposure-based approaches

Western North Carolina Psychological Association Directory

**RHEA CRAVENS, PH.D.**  
All Souls Counseling Center  
35 Arlington Street  
Asheville, NC 28801

**License:** NC/LP # 1090

**Office Phone:** 828-216-6429 (cell-phone)

**E-Mail:** [rheaz@charter.net](mailto:rheaz@charter.net)

**Populations (Ages) Served:** Adults

**Payment Accepted:** Sliding Scale; Cash; Checks

**Therapies Utilized:** Group (DBT Skills Group)

**Orientation:** Dialectical Behavioral Therapy;  
Cognitive-Behavioral Therapy

Western North Carolina Psychological Association Directory

**ERIKA CZERWINSKI, PH.D.**

29 Ravenscroft Drive, Suite 203  
Asheville, NC 28801

**License:** NC/LP # 4851

**Office Phone:** 510-919-4006 (cell-phone)

**E-Mail:** [Dr.ErikaCZ@gmail.com](mailto:Dr.ErikaCZ@gmail.com)

**Populations (Ages) Served:** Adolescents; Adults

**Payment Accepted:** Insurance (Blue Cross/ Blue Shield);  
Cash; Checks; Credit Cards; Sliding  
Scale

**Therapies Utilized:** Individual; Marital; Family; Workshops

**Orientation:** Psychodynamic; Attachment-based;  
Relational

**Speciality Areas &  
Special Populations:** Relationship Issues; Couples; Adult  
Family Therapy; LBGTQ; Trauma

**Other Services Offered:** Supervision



**WILLIAM T. DALTON III, PH.D.**

157 Medical Park Drive  
Brevard, NC 28712

**License:** NC/LP # 4678

**Office Phone:** 828-884-3440 **(answering)**

**FAX:** 828-884-5643

**Website:** [www.hendersonvillepediatrics.com](http://www.hendersonvillepediatrics.com)

**Populations (Ages) Served:** Children

**Payment Accepted:** Insurance (Medicaid; Health Choice; Value Options; Beacon; Blue Cross & Blue Shield; Carolina Behavioral Health); Cash; Checks

**Therapies Utilized:** Individual; Family

**Orientation:** Cognitive-Behavioral Therapy; Acceptance Commitment Therapy; Motivational Interviewing

**Speciality Areas & Special Populations:** Parent Training; Behavioral Training (sleep; toileting; picky eating; ADHD; swallowing; anxiety; weight management); Medical treatment compliance; Recurrent Pain; Habit Disorder

**Other Services Offered:** Brief Screening; Supervision

Western North Carolina Psychological Association Directory

**REBECCA MARIE DANIEL, MS**

Sylva Clinical Associates  
70 Westcare Drive, Suite 402  
Sylva, NC 28779

**License:** NC/LPA # 4637

**Office Phone:** 828-586-5555 (Answering)

**FAX:** 828-586-5527

**E-Mail:** [rebecca.marie.daniel@gmail.com](mailto:rebecca.marie.daniel@gmail.com)

**Website:** [www.sylvaclinical.com](http://www.sylvaclinical.com)

**Populations (Ages) Served:** Adults; Senior; Geriatric

**Payment Accepted:** Insurance (Blue Cross/Blue Shield; Crescent; Aetna); Cash; Checks

**Therapies Utilized:** Individual; Group

**Orientation:** Acceptance & Commitment Therapy (ACT); Cognitive-Behavioral Therapy (CBT); Interpersonal; Dialectic Behavioral Therapy (DBT)

**Speciality Areas & Special Populations:** Eating Disorders; Bariatric Exams; Pre & Post-Operation Bariatric counseling; Psych-educational evaluations

**Other Services Offered:** Evaluations (Bariatric; Psych-Ed)

Western North Carolina Psychological Association Directory

**CAROLYN DAUBS, PH.D.**

10 Hawtree Court  
Weaverville, NC 28787

**License:** NC/LP # 4710

**Office Phone:** 828- 606-0615 (cell-phone) **(answering)**

**FAX:** 828- 851-7930

**E-Mail:** [CarolynDaubs@biltmorepsychological.com](mailto:CarolynDaubs@biltmorepsychological.com)

**Website:** [www.biltmorepsychological.com](http://www.biltmorepsychological.com)

**Populations (Ages) Served:** All ages

**Payment Accepted:** No insurance accepted; sliding scale;  
Cash; Checks; Credit Cards

**Therapies Utilized:** Individual

**Orientation:** Assessment; Interpersonal

**Speciality Areas &  
Special Populations:** All

**Services Offered:** Evaluations (Substance Abuse;  
Personality; Cognitive; Learning);  
Supervision

**INGRID DIEDEREN, PH.D.**

172-D Asheland Avenue  
Asheville, NC 28801

**License:** NC/LP # 1376

**Office Phone:** 828- 253-1445 (preferred number)

**Cel-phone:** 828- 275-4734

**FAX:** 828- 253-1456

**E-Mail:** [Diederer-Ingrid@gmail.com](mailto:Diederer-Ingrid@gmail.com)

**Populations (Ages) Served:** Adult - Geriatric

**Payment Accepted:** Insurance (Blue Cross/Blue Shield; Medicare; Medcost; EAN); Cash; Check

**Therapies Utilized:** Individual; Marital

**Orientation:** Eclectic

**Speciality Areas & Special Populations:** Mood Disorders; Anxiety Disorders

**Techniques & Approaches:** Interpersonal; Cognitive-Behavioral; Psycho-dynamic

Western North Carolina Psychological Association Directory

**ROB DURR, PH.D.**

29 Ravenscroft Drive, Suite 307  
Asheville, NC 28801

**License:** NC/LP # 4917

**Office Phone:** 828-407-0081 (Answering)

**E-Mail:** [rob@rootspsychology.com](mailto:rob@rootspsychology.com)

**Website:** [www.rootspsychology.com](http://www.rootspsychology.com)

**Populations (Ages) Served:** Adolescents; Adults

**Payment Accepted:** Insurance (Blue Cross/Blue Shield);  
Cash; Checks; Credit Cards; Sliding  
Scale

**Therapies Utilized:** Individual; Group; Workshops

**Orientation:** Integrative Therapy

**Speciality Areas:** Mental Health Issues; Leadership  
Development; Career & Professional  
Issues

**Techniques &  
Approaches:** CBT; Psychodynamics; Interpersonal  
Process Therapy (IPT); Mindfulness

**Other Services Offered:** Evaluations (Cognitive;  
Developmental; Psychological);  
Supervision

Western North Carolina Psychological Association Directory

**PHIL ELLIS, PH.D.**

Focus Centers of Asheville  
417 Biltmore Avenue, Suite 4-B  
Asheville, NC 28801

**License:** NC/LP # 2276

**Office Phone:** 828- 281-2299 **(Answering)**

**FAX:** 828- 281-2299

**E-Mail:** [WNCPhil@msn.com](mailto:WNCPhil@msn.com)

**Website:** [www.FocusCentersofAsheville.com](http://www.FocusCentersofAsheville.com)

**Populations (Ages) Served:** All ages

**Payment Accepted:** Most Insurance Plans (including Medicare); Cash; Check; Credit Cards

**Therapies Utilized:** Individual; Neuro-feedback; Biofeedback

**Orientation:** Client-centered

**Speciality Areas:** ADHD; Anxiety; Depression; PTSD; Traumatic Brain Injury; Cognitive Rehabilitation

**Techniques & Approaches:** Neuro-cognitive; Neuro-feedback

**Other Services Offered:** Evaluations (Brain Mapping (QEEG); Neuro-cognitive)

**STEPHEN E. FATZINGER, MA**

299 Old Fellowship Road  
Swannanoa, North Carolina 28778

**License:** NC/LPA # 1588

**Office Phone:** 828-231-1953 (Cell-phone)

**E-Mail:** [sfatz@outlook.com](mailto:sfatz@outlook.com)

**Populations (Ages) Served:** Adults

**Payment Accepted:** Medicaid; Cash; Checks

**Therapies Utilized:** Individual and group psychotherapy;  
Marital counseling; Psychological  
Assessment

**Orientation:** Cognitive-Behavioral

**Speciality Areas &  
Special Populations:** Depression; Marital and Pre-marital;  
MR/DD; Alzheimer's; OCD

**Other Services Offered:** Psychological Assessments and  
treatment plans for intellectually  
disabled adults in alternative living  
situations

**KATY FLAGLER, PH.D.**

218 East Chestnut Street  
Asheville, NC 28801

**License:** NC/LP # 4191

**Office Phone:** 828- 707-3050

**E-Mail:** [kflagler@bellsouth.net](mailto:kflagler@bellsouth.net)

**Website:** [www.katyflaglerphd.com](http://www.katyflaglerphd.com)

**Populations (Ages) Served:** All ages

**Payment Accepted:** Private Pay only; no insurance

**Therapies Utilized:** Individual; Couples; Family

**Orientation:** Behavioral; Cognitive-Behavioral;  
Family Systems; Psychodynamic

**Speciality Areas &  
Special Populations:** Family Issues; LGBT; Parenting &  
Children Issues; Bereavement/Grief;  
Abuse/Neglect; ADHD; Conflict  
Resolution; Adolescent Issues

**Techniques &  
Approaches:** Brief Therapy; Cognitive-Behavioral  
Therapy; Internal Family Systems;  
Mindfulness/Meditation; Play Therapy

**Other Services Offered:** Custody Evaluation; Expert Witness;  
Psychological & Personality  
Assessment



Western North Carolina Psychological Association Directory

**SUSAN J. FOSTER, PH.D.**

44 Merrimon Avenue, Suite 1-F  
Asheville, NC 28801

**License:** NC/LP # 4720

**Office Phone:** 978-500-2639

**E-Mail:** [susanjfoosterphd@gmail.com](mailto:susanjfoosterphd@gmail.com)

**Populations (Ages) Served:** Adults; Geriatric/Seniors

**Payment Accepted:** Insurance (Medicare; United Health Care; Blue Cross/Blue Shield; EAN; Medcost); Cash; Check; Sliding Scale

**Therapies Utilized:** Individual

**Orientation:** Psychodynamic; Cognitive-Behavioral; Psycho-Spiritual; Gestalt

**Speciality Areas & Special Populations:** Dual Diagnosis (Substance Abuse; Depression; Anxiety; Bi-polar); Life Transitions; Multicultural; Eating Disorders; Trauma; Sexual Abuse; Women's Issues; ADHD; Grief; Relationship Issues (Codependency; addictions; stress)

**Techniques & Approaches:** Progressive relaxation; Emotional Field Therapy; Eclectic

Western North Carolina Psychological Association Directory

**CARL GACONO, PH.D. (ABAP)**

P. O. Box 17891

Asheville, NC 28816

**State(s):** Licensed Psychologist - Inactive: California & Texas

**Office Phone:** 512-472-4348 (Answering service)

**FAX:** 828-412-3879

**E-Mail:** [drcarl14@aol.com](mailto:drcarl14@aol.com)

**Website:**

**Services Offered:** Supervision; Consultation; Training

Western North Carolina Psychological Association Directory

**BARBARA W. GERBER, PH.D.**

53 Arlington Street  
Asheville, NC 28801

**License:** NC/LP # 600

**Office Phone:** 828- 254-5825

**Populations (Ages) Served:** Adults

**Therapies Utilized:** Individual

**Insurance Accepted:** Blue Cross/Blue Shield

**Services Offered:** Psychotherapy

Western North Carolina Psychological Association Directory

**ROBERT LANE GODSEY, PH.D.**

50 Hospital Drive, Suite 5-A  
Hendersonville, NC 28792

**License:** NC/LP # 1475

**Office Phone:** 828-684-1115

**FAX:** 828-606-7565

**E-Mail:** [RLGODSEY@gmail.com](mailto:RLGODSEY@gmail.com)

**Populations (Ages) Served:** Adults; Seniors; Geriatrics

**Payment Accepted:** All insurance accepted; Cash; Checks;  
Credit Cards

**Therapies Utilized:** Individual

**Orientation:** Cognitive Behavioral Therapy

**Techniques &  
Approaches:** Acceptance & Commitment Therapy;  
Cognitive Behavioral Therapy

Western North Carolina Psychological Association Directory

**EMILY GORDON, PH.D.**

540 Aiken Road  
Asheville, NC 28804

**License:** NC/LP # 2477

**Office Phone:** 828-645-1539      **(Answering)**

**Populations (Ages) Served:**      Adults; Seniors; Geriatrics

**Payment Accepted:**      Insurance (Blue Cross/Blue  
Shield; Medicare); Cash; Credit  
Cards

**Therapies Utilized:**      Individual; Equine Facilitated  
Therapy

**Orientation:**      Psychodynamic

Western North Carolina Psychological Association Directory

**MICHAEL GRANDIS, PH.D.**

1011 Tunnel Road, Suite 220  
Asheville, NC 28805

**License:** NC/LPA # 2157

**Office Phone:** 828-299-7451

**FAX:** 828-299-7454

**E-Mail:** [drgrandis@gmail.com](mailto:drgrandis@gmail.com)

**Website:** [www.gectesting.com](http://www.gectesting.com)

**Populations (Ages) Served:** All ages

**Payment Accepted:** Insurance (most major insurance, including Medicaid); Cash; Checks; Credit Cards

**Orientation:** Eclectic; Psychodynamic; Cognitive-Behavioral; Mindfulness; ABA

**Speciality Areas & Special Populations:** Autism; ADHD; Mental Health Diagnoses; Behavioral Issues

**Techniques & Approaches:** Utilize standardized testing procedures

**Services Offered:** Full psychological evaluations, including cognitive, adoptive, neurological screening, behavioral, personality/emotional, educational; Forensic (Parenting Capacity)

Western North Carolina Psychological Association Directory

**MARY ELLEN GRIFFIN, PH.D.**

(#1) 11 Schulman Street  
Sylva, NC 28779

**MAIL:** P. O. Box 726  
Sylva, NC 28779

(#2) 29 Ravenscroft Drive, Suite 210  
Asheville, NC 28801

**Office Phone:** (#1) 828-586-5511 (#2) 828-331-8100 **(answering)**  
**FAX:** By arrangement  
**E-Mail:** [m.e.griffin.phd@gmail.com](mailto:m.e.griffin.phd@gmail.com)  
**Website:** [www.psychologytoday.com/us/therapists/mary-ellen-griffin-asheville-nc/101951](http://www.psychologytoday.com/us/therapists/mary-ellen-griffin-asheville-nc/101951)

**Populations (Ages) Served:** Adults

**Payment Accepted:** Insurance (Blue Cross/Blue Shield);  
Cash; Checks; Credit Cards

**Therapies Utilized:** Individual; Consultation; Clinical  
Evaluation

**Orientation:** Psychodynamic; Interpersonal; MBSR

**Services Offered:** Psychodynamic psychotherapy for  
adults; Case consultation; Transgender  
pre-surgery evaluations

Western North Carolina Psychological Association Directory

**GINA HAGAR, PSY.D.**

GeriPsych Services, PLLC  
P. O. Box 263  
Candler, NC 28715

**License:** NC/LP # 3730

**Office Phone:** 828-665-7062 **(Answering)**

**FAX:** 877-806-2831

**E-Mail:** [Drginahagar@gmail.com](mailto:Drginahagar@gmail.com)

**Populations (Ages) Served:** Adult; Seniors; Geriatric

**Payment Accepted:** All insurances (in network for Medicare; Medicaid; Blue Cross/Blue Shield); Cash; Checks; Credit Cards

**Therapies Utilized:** On site mental Health services (Individual)

**Orientation:** Strength-based Cognitive Behavioral Therapy

**Speciality Areas & Special Populations:** Provide services at nursing homes (SNF) and Assisted Living Facilities (ALF)



Western North Carolina Psychological Association Directory

**LAURIE HAMILTON, PH.D.**

Market Street Neuroscience  
30 Clayton Street  
Asheville, NC 28801

**Licenses:** CA/PSY # 10112  
NC/LPC # 579

**States:** North Carolina  
California

**Office Phone:** 828-687-8741 **(Answering)**  
**FAX:** 828-687-8743  
**E-Mail:** [mlhphd@aol.com](mailto:mlhphd@aol.com)  
**Website:** [www.lauriehamiltonphd.com](http://www.lauriehamiltonphd.com)

**Populations (Ages) Served:** All ages

**Payment Accepted:** Insurance (Blue Cross/Blue Shield; Crescent); Cash; Check

**Therapies Utilized:** Individual; Consultation

**Orientation:** Integrated

**Speciality Areas:** Traumatic Stress Specialist

**Techniques:** EMDR; Cygnet/Neuro-feedback

**Services Offered:** **NOT** accepting new patients; available for one or two sessions consultations; no longer offering comprehensive evaluations

Western North Carolina Psychological Association Directory

**WILL HAMILTON, PH.D.**

Asheville Integrated Behavioral Health  
30 Clayton Street  
Asheville, NC 28801

**License:** NC/LP # 4183

**Office Phone:** 828-423-0537 (Answering)

**FAX:** 828-333-4362

**E-Mail:** [whamiltonphd@behealthavl.com](mailto:whamiltonphd@behealthavl.com)

**Website:** [www.behealthavl.com](http://www.behealthavl.com)

**Populations (Ages) Served:** Adults; Seniors; Geriatrics

**Payment Accepted:** Insurance (Blue Cross/Blue Shield; Medicare; Tricare; Aetna; Medcost); Cash; Checks; Credit Cards

**Therapies Utilized:** Individual; Marital; Group; Workshops

**Orientation:** Third Wave Behavioral

**Speciality Areas:** Chronic Pain; Neuro-psychological Injury; Anxiety

**Techniques & Approaches:** Acceptance Commitment Therapy; Mindfulness & Compassion Focused Treatment

**Other Services Offered:** Neuro-psych Evaluations

Western North Carolina Psychological Association Directory

**ED HAMLIN, PH.D.**

The Institute for Applied Neuroscience  
30 Action Circle  
Asheville, NC 28715

**License:** NC/LP # 1531

**Office Phone:** 828-251-2882 **(Answering)**  
**Cel-Phone:** 828-337-1531  
**FAX:** 828-633-7073  
**E-Mail:** [eeghamlin@gmail.com](mailto:eeghamlin@gmail.com)  
**Website:** [www.ian-asheville.com](http://www.ian-asheville.com)

**Populations (Ages) Served:** Retired from Clinical Practice;  
Clinicians (training)

**Payment Accepted:** Cash; Checks; Credit Cards

**Therapies Utilized:** Workshop Trainings  
(Neuropsychology and Applied  
Neuroscience; Assessment of Neuro-  
psychology function; Neurofeedback)

**Other Services Offered:** Institutional Consultations

Western North Carolina Psychological Association Directory

**BOB HANNA, PH.D.**

775 Haywood Road, Suite E  
Asheville, NC 28806

**License:** NC/LP #2679

**Office Phone:** 828-768-1827 (cell-phone)

**FAX:** 800-915-1950

**E-Mail:** [bobhannaphd@gmail.com](mailto:bobhannaphd@gmail.com)

**Website:** [www.bobhannaphd.com](http://www.bobhannaphd.com)

**Populations (Ages) Served:** Adult; Couples

**Payment Accepted:** Cash; Check; Credit Card; Sliding Scale

**Therapies Utilized:** Individual; Marital

**Techniques & Approaches:** Emotionally Focused Therapy (EFT) for Couples

Western North Carolina Psychological Association Directory

**C.B.T. “BUD” HARRIS, PH.D.**

One Oak Plaza, Suite 308  
Asheville, NC 28801

**License:** NC/LP # 1511

**Office Phone:** 828-251-9719 **(Answering)**

**FAX:** 828-251-9719

**E-Mail:** [info@budharris.com](mailto:info@budharris.com)

**Website:** [www.budharris.com](http://www.budharris.com)

**Populations (Ages) Served:** Adults; Seniors

**Languages Used:** Jungian Analysis

**Payment Accepted:** Cash; Check; Credit Card

**Orientation:** Diplomate - Jungian Psychoanalyst

Western North Carolina Psychological Association Directory

**JIM HARRISON, PH.D.**

12 Westridge Drive  
Asheville, NC 28803

**License:** NC/LP # 2028

**Office Phone:** 828-242-0456 **(Answering)**

**Cel-phone:** 828-650-0484

**E-Mail:** [DrJHPSY@gmail.com](mailto:DrJHPSY@gmail.com)

**Populations (Ages) Served:** Adult; Senior; Geriatric

**Payment Accepted:** Insurance (All); Sliding Scale; Cash;  
Check

**Therapies Utilized:** Individual; Marital; Family

**Orientation:** Cognitive-Behavioral; Psychodynamic

**Speciality Areas &  
Special Populations:** Health Issues; Gay & Lesbian Issues

**Other Services Offered:** Hypnosis; Clinical Supervision

Western North Carolina Psychological Association Directory

**SUSAN HILL, ED.D.**

Pisgah Institute  
158 Zillicoa Street  
Asheville, NC 28801

**License:** NC/LP #2967

**Office Phone:** 828-254-9494 & 828-505-1040 **(Answering)**

**Cel-Phone:** 828-712-5472

**FAX:** 828-250-0890

**E-Mail:** [shill@pisgahinstitute.com](mailto:shill@pisgahinstitute.com)

**Website:** [www.pisgahinstitute.com](http://www.pisgahinstitute.com)

**Populations (Ages) Served:** Ages 6 through Seniors

**Payment Accepted:** Insurance (All private insurance; Medicare; Medicaid for testing only); Cash; Checks; Credit Cards

**Therapies Utilized:** Individual; Family; Testing

**Orientation:** Psychodynamic

**Speciality Areas & Special Populations:** Developmentally delayed; Autistic; Learning Disabilities

**Techniques & Approaches:** Hypnosis; Comprehensive Evaluation

**Other Services Provided:** Differential Diagnoses; Competency Evaluations; Supervision

**J. SCOTT HINKLE, PH.D.**

115 Mountain Creek Drive  
Swannanoa, NC 28778

**License:** NC/LP # 1551

**Office Phone:** 828-808-7780 (Cel-phone)

**E-Mail:** [jscotthinkle@gmail.com](mailto:jscotthinkle@gmail.com)

**Populations (Ages) Served:** All ages

**Payment Accepted:** Self-pay (Cash; Checks)

**Therapies Utilized:** Individual; Marital; Family

**Orientation:** Family Systems

**Speciality Areas &  
Special Populations:** Child; Teens; Trauma

**Techniques &  
Approaches:** Marital and Family Counseling

**Other Services Offered:** Mental Health evaluations; Supervision



Western North Carolina Psychological Association Directory

**R. JEY HIOTT, PH.D.**

166 East Chestnut Street  
Asheville, NC 28801

**License:** NC/LP # 2170

**Office Phone:** 828-768-5459 (Cell-phone)

**E-Mail:** [jeyhiott@gmail.com](mailto:jeyhiott@gmail.com)

**Website:** [psychologytoday.com/us/therapist/r-jey-hiott-Asheville-nc](http://psychologytoday.com/us/therapist/r-jey-hiott-Asheville-nc)

**Populations (Ages) Served:** Adult; Senior; Geriatric

**Payment Accepted:** Insurance (Blue Cross/Blue Shield; Medicare); Cash; Checks

**Therapies Utilized:** Individual; Marital

**Orientation:** Internal Family Systems (IFS);  
Psychodynamic; Enneagram

**DOMINIQUE HUNEYCUTT, PH.D., JD**

WNC CARES Child & Family Psychological Services  
138 Charlotte Street, Suite 251  
Asheville, NC 28801

**License:** NC/LP #3401

**Office Phone:** 828-575-9520 **(Answering)**

**FAX:** 828-575-9522

**E-Mail:** [wnccares@gmail.com](mailto:wnccares@gmail.com)

**Payment Accepted:** Insurance (Blue Cross/Blue Shield; Aetna; Medcost; Healthscope; NCARE; NC Health Choice; Medicaid); Cash: Checks; Credit Cards; Sliding Scale

**Therapies Utilized:** Individual; Family; Evaluations

**Orientation:** Cognitive-Behavioral Therapy

**Special Populations:** Young Children; Children exposed to trauma/abuse; custody issues; anxiety

**Techniques & Approaches:** if-cbt (rostered); Child-Focused Therapy; individual & family focused

**Services Offered:** Evaluations: Diagnostic & Psycho-educational; Forensic: Court-ordered parental capacity & criminal: Supervision; Consultation

Western North Carolina Psychological Association Directory

**C. MARK KNECHT, PSY.D.**  
22 South Pack Square, Suite 1000  
Asheville, NC 28801

**License:** NC/LP # 1863

**Office Phone:** 828-350-1433  
**Cel-Phone:** 828-279-7846  
**FAX:** 828-350-1439  
**E-Mail:** [markknecht@att.net](mailto:markknecht@att.net)

**Populations (Ages) Served:** Adolescents (15+); Adults; Seniors

**Payment Accepted:** All insurance (except Medicaid); Cash; Checks; Credit Cards; Sliding Scale

**Therapies Utilized:** Individual; Marital; Family

**Orientation:** Cognitive-Behavioral; Eclectic

**Techniques & Approaches:** CBT; Developmental; Family Systems

**Other Services Offered:** Supervision

Western North Carolina Psychological Association Directory

**RAYMOND KRYCH, PH.D.**

Sylva Clinical Associates  
70 Westcare Drive, Suite 402  
Sylva, NC 28779

**License:** NC/LP # 3591

**Office Phone:** 828-586-5555 (Answering)

**FAX:** 828-586-5527

**E-Mail:** [rekpych@aol.com](mailto:rekpych@aol.com)

**Website:** [www.sylvaclinical.com](http://www.sylvaclinical.com)

**Populations (Ages) Served:** Adults; Seniors; Geriatric

**Payment Accepted:** Insurance (Blue Cross/Blue Shield; Medcost; Medicare; Crescent; AARP); Cash; Checks; Credit Cards

**Therapies Utilized:** Individual; Marital

**Orientation:** Cognitive-Behavioral; Solution Focused Therapy

Western North Carolina Psychological Association Directory

**PAMELA LAUGHON, PH.D.**

Department of Psychology - CPO # 1630  
UNC-Asheville  
Asheville, NC 28804

**License:** NC/LP # 102049 (provisional)

**Office Phone:** 828-712-2114 (cel-phone)

**E-Mail:** [laughon@unca.edu](mailto:laughon@unca.edu)

**Therapies Utilized:** Not in Private Practice

**Services Provided:** Forensic - Mitigation Investigation (Indigent Defense Services of North Carolina)

Western North Carolina Psychological Association Directory

**BARBARA W. LEA, PH.D.**

The Grove Clinic  
One Vanderbilt Park Drive, Suite 115  
Asheville, NC 28803

**License:** NC/LP # 1114

**Office Phone:** 828-274-2221 ext. 104 **(Answering)**

**Cel-Phone:** 828-215-3300

**FAX:** 828-274-2226

**E-Mail:** [barbwlea@gmail.com](mailto:barbwlea@gmail.com)

**Populations (Ages) Served:** Adult; Senior; Geriatric

**Payment Accepted:** Insurance (most, including Blue Cross/Blue Shield & Medicare); Cash; Checks; Credit Cards

**Therapies Utilized:** Individual

**Orientation:** Eclectic; Cognitive-Behavioral

**Speciality Areas & Special Populations:** Depression; Anxiety; Relationship Problems; Work Related Problems

Western North Carolina Psychological Association Directory

**MICHELLE LECHMAN, PSY.D.**

Appalachian Counseling & Psychological Services  
One Oak Plaza, Suite 208  
Asheville, NC 28801

**License:** NC/LP # 2152

**Office Phone:** 828-575-9760 (Answering)

**FAX:** 828-575-9761

**E-Mail:** [info@acaps-nc.org](mailto:info@acaps-nc.org)

**Website:** [www.acaps-nc.org](http://www.acaps-nc.org)

**Populations (Ages) Served:** Ages 6+ - Seniors

**Payment Accepted:** Insurance (all major insurance, including Medicaid); Cash; Checks; all major credit cards

**Services Offered:** Psychological Testing and Evaluations: ADHD & Learning Disabilities; Neuropsychology; Mental Health; Learning Styles; Giftedness (AIG); Parental Fitness

Western North Carolina Psychological Association Directory

**CAROLE LIGHT, PH.D.**

318 Lakeside Road  
Scaly Mountain, NC 28775

Mailing: P. O. Box 99  
Scaly Mountain, NC 28775

**License:** NC/LP # 1604  
GA/LP # 297

**State(s):** North Carolina  
Georgia

**Office Phone:** 828-526-9769

**(Answering)**

**FAX:** 828-526-8719

**E-Mail:** [carolelight@hotmail.com](mailto:carolelight@hotmail.com)

**Populations (Ages) Served:** Adults; Seniors

**Payment Accepted:** Cash; Checks  
Sliding Scale through Psychotherapy  
& Counseling Center of Highlands/NC

**Therapies Utilized:** Individual

**Orientation:** Cognitive-Behavior Therapy (CBT);  
Psychodynamic; Gestalt; Bioenergetics;  
Eclectic

**Techniques &  
Approaches:** Interpersonal; Experiential

**Other Services Offered:** Supervision



**JAMIE LOPEZ, PH.D.**

13 ½ Eagle Street, Office B  
Asheville, NC 28801

**License:** NC/LP # 4338

**Office Phone:** 828-761-1017

**Cel-Phone:** 415-572-6450

**E-Mail:** [drjamielopez@gmail.com](mailto:drjamielopez@gmail.com)

**Website:** [www.drjamielopez.com](http://www.drjamielopez.com)

**Populations (Ages) Served:** Adult

**Payment Accepted:** Most insurance accepted (including Medicaid and Medicare); Cash; Checks; Credit Cards

**Therapies Utilized:** Individual; Group

**Orientation:** Integrated (Positive Psychology; Internal Family Systems)

**Speciality Areas & Special Populations:** Certified Eating Disorder Specialist

**Techniques & Approaches:** IFS; Positive Psychology; Hypnosis; Neuro-feedback

**Other Services Offered:** IAEDP Approved Supervisor

Western North Carolina Psychological Association Directory

**KAREN MARCUS, PSY.D.**

30 Clayton Street  
Asheville, NC 28801

**License:** NC/LP # 2001

**Office Phone:** 828-258-1700 (Answering)

**Cel-Phone:** 828-506-4538

**FAX:** 828-258-1616

**E-Mail:** [kmarcus@ioa.com](mailto:kmarcus@ioa.com)

**Populations (Ages) Served:** Ages 16+ - Seniors

**Payment Accepted:** Cash; Check

**Therapies Utilized:** Individual

**Orientation:** Eclectic

**Techniques & Approaches:** EMDR; Cognitive-Behavioral Therapy; Neurofeedback

**Other Services Offered:** Evaluations (Standard Psychological; Disability)

**IRENE MATIATOS, PH.D.**

23 Silver Darter Lane  
Candler, NC 28715

**License:** NC/LP 3909

**State(s):** North Carolina  
New York

**Office Phone:** 551-206-3762 (Cel-phone)(**Answering**)

**E-Mail:** [drirene@drirene.com](mailto:drirene@drirene.com)

**Website:** [www.drirene.info](http://www.drirene.info)

**Populations (Ages) Served:** Adults

**Languages Used:** English; Greek

**Payment Accepted:** Insurance (United Health Care; Blue Cross/Blue Shield; many others); Cash; Check; Credit Cards

**Therapies Utilized:** Individual; Marital; Family

**Orientation:** Family Systems; Cognitive-Behavioral Therapy

**Speciality Areas & Special Populations:** Verbal & Emotional Abuse; Trauma

**Techniques & Approaches:** Mindfulness; Acceptance-Commitment Therapy (ACT); CBT

Western North Carolina Psychological Association Directory

**WILLIAM H. MATHEWS, PH.D.**

One Village Lane, Suite 3  
Asheville, NC 28801

**License:** NC/LP # 0450

**Office Phone:** 828-774-5045

**FAX:** 828-774-5047

**E-Mail:** [officebillmatthewsphd.com](mailto:officebillmatthewsphd.com)

**Website:** [www.billmatthewsphd.com](http://www.billmatthewsphd.com)

**Populations (Ages) Served:** Adults

**Payment Accepted:** Cash; Check; Credit Cards

**Therapies Utilized:** Individual

**Orientation:** Eclectic

Western North Carolina Psychological Association Directory

**DOUG MCKEE, PSY.D.**

Pisgah Institute  
158 Zillicoa Street  
Asheville, NC 28801

**License:** NC/LP # 2061

**Office Phone:** 828-254-9494 **(Answering)**

**FAX:** 828-254-0161

**E-Mail:** [dmckee@pisgahinstitute.com](mailto:dmckee@pisgahinstitute.com)

**Website:** [www.pisgahinstitute.com](http://www.pisgahinstitute.com)

**Populations (Ages) Served:** All ages

**Payment Accepted:** All Insurance; Cash; Check; Credit Cards

**Therapies Utilized:** Individual; Family

**Speciality Areas & Special Populations:** Family Issues: Adolescent and Children - Behavioral Problems; Addiction; Couples Issues; Anxiety & Depression

**Techniques & Approaches:** Cognitive-Behavioral Therapy; Family Systems; Experiential

Western North Carolina Psychological Association Directory

**EMY MONDAY, PSY.D.**

The Grove Clinic  
1 Vanderbilt Park Drive, Suite 115  
Asheville, NC 28803

**License:** NC License - June, 2018

**Office Phone:** 828-279-2221 **(Answering)**  
**Cel-Phone:** 828-771-6187  
**FAX:** 828-274-2226  
**E-Mail:** [dremymonday@gmail.com](mailto:dremymonday@gmail.com)

**Populations (Ages) Served:** Children; Adults; Seniors

**Payment Accepted:** Insurance (Applying for all panels);  
Cash; Check; Credit Cards

**Orientation:** Integrative; Psychodynamic;  
Humanistic

**Specialities:** Play Therapy

Western North Carolina Psychological Association Directory

**CHRIS MULCHAY, PH.D.**

77 Church Street  
Asheville, NC 28801

**License:** NC/LP # 4691

**Office Phone:** 828-515-1379 (Answering)

**FAX:** 828-333-5689

**E-Mail:** [DrMulchay@gmail.com](mailto:DrMulchay@gmail.com)

**Website:** [www.AshevillePsychologicalTesting.com](http://www.AshevillePsychologicalTesting.com)

**Populations (Ages) Served:** Children - Adults

**Payment Accepted:** Insurance (Blue Cross/Blue Shield; Aetna; Medicare); Cash; Checks; Credit Cards

**Therapies Utilized:** Evaluation and Testing

**Services Offered:** Evaluation of: ADHD & Learning Disabilities; Giftedness; Learning Difficulties; Cognitive Testing; Memory & Concentration; Personality; Behavior; Court Ordered; NEBA EEG-based Analysis

Western North Carolina Psychological Association Directory

**CARL MUMPOWER, PH.D.**

One Oak Plaza, Suite 309  
Asheville, NC 28801

**License:** NC/LP # 1394

**Office Phone:** 828-252-8390 **(Answering)**

**Cel-Phone:** 828-318-2595

**FAX:** 828-252-8390

**E-Mail:** [drmumpower@aol.com](mailto:drmumpower@aol.com)

**Website:** [www.drmumpower.com](http://www.drmumpower.com)

**Populations (Ages) Served:** All ages: Children - Seniors

**Payment Accepted:** Insurance (Most major insurance);  
Cash; Checks; Credit Cards

**Therapies Utilized:** Individual; Marital; Family

**Orientation:** Cognitive-Behavioral

**Speciality Areas &  
Special Populations:** General Practice

**Techniques &  
Approaches:** Eclectic

**Other Services Offered:** Clinical and family evaluations



Western North Carolina Psychological Association Directory

**SANDRA NEWES, PH.D.**

218 East Chestnut Street  
Asheville, NC 28801

**License:** NC/LP # 3059

**Office Phone:** 828-545-0437

**FAX:** 919-869-2337

**E-Mail:** [snewes@gmail.com](mailto:snewes@gmail.com)

**Website:** [www.clearviewpsych.com](http://www.clearviewpsych.com)

**Populations (Ages) Served:** Child/Adolescent; Adults; Seniors

**Payment Accepted:** Insurance (Blue Cross/Blue Shield; Medicare; Tri-care); Cash; Check

**Therapies Utilized:** Individual; Group; Workshop

**Orientation:** Interpersonal; Psycho-dynamic

**Speciality Areas:** Trauma; Anxiety; Somatic Chronic Stress; Self-regulation issues; Addiction recovery; Adult ADHD

**Techniques & Approaches:** Trauma resilience model; SFSR; Mindfulness; Neurofeedback; Wilderness Therapy

**Others Services:** Evaluations (Comprehensive; Adult ADHD); Forensic (Personality; Capacity to Parent); Supervision

Western North Carolina Psychological Association Directory

**AMI O'NEILL, PH.D.**

Broughton Hospital  
Morganton, NC

**License:** NC/LP # 2209

**Office Phone:** 828-448-7752

**E-mail:** [aoneillphd@gmail.com](mailto:aoneillphd@gmail.com)

**Populations (Ages) Served:** All ages

**Speciality Areas &  
Special Populations:** In-Patient Hospitalization

Western North Carolina Psychological Association Directory

**MINDY PARDOLL, PSY.D.**

39 Clayton Street  
Asheville, NC 28891

**License:** NC/LP # 3687 FL/LP # 7060      **State(s):** North Carolina  
Florida

**Office Phone:** 305-519-7455 (cel-phone)

**E-Mail:** [mpardoll@aol.com](mailto:mpardoll@aol.com)

**Website:** [www.DrPardoll.com](http://www.DrPardoll.com)

**Populations (Ages) Served:** Children; Adolescents; Adults

**Payment Accepted:** Credit Cards (all); Sliding Scale

**Therapies Utilized:** Individual; Family

**Orientation:** Cognitive-Behavioral

**Speciality Areas &  
Special Populations:** Disability; Forensic; Clinical

**Techniques &  
Approaches:** Cognitive Restructuring

**Other Services Offered:** Evaluations (Disability; Forensic -  
criminal only)

Western North Carolina Psychological Association Directory

**M. JEAN PARKS, PH.D.**

Fletcher, NC 28732

**License:** NC/LP # 2915

**Office Phone:** 828-329-8306 (Answering)

**FAX:** 828-277-2810

**E-Mail:** [jparks@grandcreative.com](mailto:jparks@grandcreative.com)

**Populations (Ages) Served:** Adults; Seniors; Geriatric

**Payment Accepted:** Insurance (Blue Cross/Blue Shield; Cigna; Medicare; Medcost); Cash; Checks; Credit Cards

**Therapies Utilized:** Individual

**Orientation:** Cognitive Behavioral

**Speciality Areas & Special Populations:** Anxiety; Grief

**Techniques & Approaches:** CBT; Pastoral Counseling; Mindfulness

**BARRY RAND, PH.D.**

184 East Chestnut Street  
Asheville, NC 28801

**License:** NC/LP # 2536

**Office Phone:** 828-216-0018 (cel-phone) **(Answering)**

**E-Mail:** [barryrand@charter.net](mailto:barryrand@charter.net)

**Website:** [www.AshevilleMarriageTherapy.com](http://www.AshevilleMarriageTherapy.com)

**Populations (Ages) Served:** Adults

**Payment Accepted:** Insurance (Blue Cross/Blue Shield);  
Cash; Checks; Credit Cards

**Therapies Utilized:** Individual; Marital

**Orientation:** Humanistic

**Techniques &  
Approaches:** Gottman Marriage Therapy; Emotional  
Focused Therapy (EFT)

Western North Carolina Psychological Association Directory

**JOHN RITCHIE, PH.D.**

Western Carolina Counseling Services  
11 Schulman Street  
Sylva, NC 28779

**License:** NC/LP # 1322

**Office Phone:** 828-506-9220 (cel-phone)

**E-Mail:** [johnritchie24@gmail.com](mailto:johnritchie24@gmail.com)

**Website:** [www.kirklandritchiecounseling.com](http://www.kirklandritchiecounseling.com)

**Populations (Ages) Served:** Adult; Seniors; Geriatric

**Payment Accepted:** Insurance (Blue Cross/Blue Shield; Medicare; Aetna; Humana; Medcost; others); Cash; Checks; Credit Cards; Sliding Scale

**Therapies Utilized:** Individual; Marital

**Orientation:** Cognitive Behavioral; Family Systems

**Specialty Areas:** Relationships; Depression; Anxiety; Anger; Couples; Aging; Chronic Illness; Self-care

**Techniques & Approaches:** Internal Family Systems; Cognitive, Behavioral and Family Therapy

**AMY ROBERTS, PSY.D.**

Asheville, NC

**License:** NC/LP # 3607

**Office Phone:** 828-250-1653

**E-Mail:** [AmyRobertsTherapy@gmail.com](mailto:AmyRobertsTherapy@gmail.com)

**Populations (Ages) Served:** Child - Adult

**Payment Accepted:** Insurance (Blue Cross/Blue Shield); Cash; Checks; Credit Cards; Sliding Scale

**Therapies Utilized:** Individual; Marital; Group

**Orientation:** Eclectic

**Speciality Areas & Special Populations:** Trauma; Addictions; Healthy Relationships; Somatic Experiencing Practitioner (SEP)

**Techniques & Approaches:** Influenced by current research in neurobiology of attachment, self-regulation and the mind-body connection; Mindfulness Techniques

**Other Services Offered:** Supervision

Western North Carolina Psychological Association Directory

**NATHAN P. ROTH, PH.D.**

Western North Carolina University  
91 Killan Building Lane, Room 3028  
Cullowhea, NC 28723

**License:** NC/LP # 4079

**Office Phone:** 828-227-3368 **(Answering)**

**Cel-Phone:** 828-226-4393

**FAX:** 828-227-7005

**E-Mail:** [NathanRothLP@gmail.com](mailto:NathanRothLP@gmail.com)  
[nproth@email.wcu.edu](mailto:nproth@email.wcu.edu)

**Populations (Ages) Served:** Child - Adult

**Payment Accepted:** Insurance (Blue Cross/Blue Shield);  
Cash; Checks; Credit Cards

**Therapies Utilized:** Individual; Family

**Orientation:** Cognitive - Behavioral

**Other Services Offered:** Evaluations (Diagnostic &  
Psychological); Supervision



Western North Carolina Psychological Association Directory

**ED RUBENSTEIN, PH.D.**

Stillpoint  
231 Sages Way  
Marshall, NC 28753

**License:** NC/LP # 1460

**Office Phone:** 828-712-3870

**FAX:** 888-712-1368

**E-Mail:** [edrubeinstein@gmail.com](mailto:edrubeinstein@gmail.com)

**Populations (Ages) Served:** Adults & their families

**Payment Accepted:** Cash; Check; Credit Cards

**Therapies Utilized:** Individual; Workshops

**Orientation:** Psycho-Spiritual Integration; Healing Modalities

**Speciality Areas & Special Populations:** General Practice; Healing Professionals

Western North Carolina Psychological Association Directory

**BETT L. SANDERS, PH.D.**

One Village Lane, # 2  
Asheville, NC 28803

**License:** NC/LP # 778

**Office Phone:** 828-274-5388 (Answering)

**FAX:** 828-274-5388

**EMAIL:** [bettsanders@bellsouth.net](mailto:bettsanders@bellsouth.net)

**Populations (Ages) Served:** Adult

**Payment Accepted:** Most Insurance accepted

**Therapies Utilized:** Individual Psychotherapy

**Orientation:** Eclectic

**JACQUELYN SCHECHTER, PH.D.**

Asheville, NC 28801

**License:** NC/LP # 2429

**Office Phone:** 828-225-4235 **(Answering)**

**Cel-Phone:** 828-279-3767

**E-Mail:** [jjschech@earthlink.net](mailto:jjschech@earthlink.net)

**Populations (Ages) Served:** Adults - Seniors

**Payment Accepted:** Cash; Checks; Sliding Scale

**Therapies Utilized:** Individual; Marital; Workshops

**Orientation:** Cognitive-Behavioral; Transpersonal

**Speciality Areas & Special Populations:** Working with artists and musicians; people with 'alternative life-styles;'

**Techniques & Approaches:** A collaborative approach based upon the client's requests and skills

Western North Carolina Psychological Association Directory

**GORDON SCHNEIDER, PH.D.**

801 West Mills Street, Suite B  
Columbus, NC 28722

**License:** NC/LP # 1908

**Office Phone:** 828-894-2300 (Answering)  
**Cel-Phone:** 828-280-0111 (Emergency, only)  
**FAX:** 828-894-8456  
**E-Mail:** [lifespanpsych@hotmail.com](mailto:lifespanpsych@hotmail.com)

**Populations (Ages) Served:** All ages (Child - Geriatric)

**Payment Accepted:** Most Insurance including Medicare and Medicaid; Cash; Check; Credit Card; Reduced charges for cash/private pay

**Therapies Utilized:** Individual; Marital; Family; Group; Workshop; Consultation with other providers

**Orientation:** Clinical Health Psychology; Behavioral Medicine

**Speciality Areas & Special Populations:** MR/DD; SPMI; Substance Abuse; Pain Management;

**Techniques & Approaches:** Cognitive-Behavioral Therapy; CBT-I; ACT; Family Systems; Wellness

**Other Services Offered:** Eval for Spinal Cord Stim; LME/MCO

**BRENDA M. SCOTT, PH.D.**

51 Maple Ridge Lane  
Asheville, NC 28806

**License:** NC.LP # 2612

**Office Phone:** 910-262-8513

**Cel-Phone:** 910-262-8513

**E-Mail:** [drbrendascottconsulting@gmail.com](mailto:drbrendascottconsulting@gmail.com)

**Populations (Ages) Served:** Children - Adolescents

**Payment Accepted:** Cash; Checks

**Therapies Utilized:** Individual; Evaluations; Consultations

**Orientation:** Eclectic

**Speciality Areas &  
Special Populations:**

Psychological and educational evaluations of children & adolescents; Home School Populations; Certified provider for Fast ForWord; Traumatic Brain Injuries (TBI); Learning Disabilities

**Other Services Offered:**

Consulting & subject matter expert for companies developing information for psychology textbooks and on-line courses; Teach on-line courses

Western North Carolina Psychological Association Directory

**ROBIN TAFT SMITH, PH.D.**

Care Partners Health Services  
68 Sweeten Creek Road  
Asheville, NC 28803

**License:** NC/LP # 3344

**Office Phone:** 828-274-4800

**E-Mail:** [Robin.Smith2@MSJ.org](mailto:Robin.Smith2@MSJ.org)

**Populations (Ages) Served:** Exclusively inpatients at Care Partners Rehabilitation Hospital; no out-patient referrals accepted

Western North Carolina Psychological Association Directory

**RICHARD SMOOT, PSY.D.**

Park Ridge Behavioral Services  
100 Hospital Drive  
Hendersonville, NC 28792

**License:** NC/LP # 4158

**Office Phone:** 828-681-2281 **(Answering)**  
**Old Phone:** 828-333-5240 (not after June, 2018)  
**E-Mail:** [docsmoot@gmail.com](mailto:docsmoot@gmail.com)

**Populations (Ages) Served:** Adult

**Payment Accepted:** Insurance (Blue Cross/Blue Shield; Medcost; Medicare); Cash; Checks; Credit Cards

**Therapies Utilized:** Individual

**Orientation:** Cognitive-Behavioral; Mindfulness

**Speciality Areas & Special Populations:** Behavioral Medicine; PTSD; Anxiety Disorders; Mood Disorders; Obsessive-Compulsive Disorder

**Techniques & Approaches:** CBT; Mindfulness

Western North Carolina Psychological Association Directory

**BETH STARLING, MS**

22 South Pack Square, Suite 1000  
Asheville, NC 28801

**License:** NC/LMFT # 543 and NC/LPC # 591

**Office Phone:** 828-236-9471 (Answering)

**Cel-Phone:** 828-280-7772

**FAX:** 828-236-5952

**E-Mail:** [bethstarlinglmft@gmail.com](mailto:bethstarlinglmft@gmail.com)

**Populations (Ages) Served:** Adults

**Payment Accepted:** All major insurance; Cash; Checks;  
Credit Cards

**Therapies Utilized:** Individual; Marital; Family Therapy;  
Inter-generational Family Therapy

**Orientation:** Client-Centered; Humanistic

**Speciality Areas &  
Special Populations:** Trust Betrayals; Infertility; Parenting

**Techniques &  
Approaches:** Family Systems; CBT; DBT

**Other Services Offered:** Supervision for LMFTs and LPCs



Western North Carolina Psychological Association Directory

**JAMES STEWART, M.A.**

Appalachian Counseling and Psychological Services  
One Oak Plaza, Suite 208  
Asheville, NC 28801

**License:** NC/LPA # 5089

**Office Phone:** 828-575-9760 **(Answering)**

**FAX:** 828-575-9761

**E-Mail:** [info@acaps-nc.org](mailto:info@acaps-nc.org)

**Website:** [www.acaps-nc.org](http://www.acaps-nc.org)

**Populations (Ages) Served:** Ages 6+ - Seniors

**Languages Used:** English; some Spanish

**Payment Accepted:** All major insurance; Cash; Checks; All major Credit Cards

**Services Offered:** Evaluations: Neuro-psychological; Mental Health; Competency; ADD/ADHD; Learning Disabilities

Western North Carolina Psychological Association Directory

**TOM TENBRUMSEL, PH.D.**

1262 Hendersonville Road  
Asheville, NC 28803

**License:** NC/LP # 5002

**Office Phone:** 828-412-5050 **(Answering)**

**E-Mail:** [Tenbrumsel2@gmail.com](mailto:Tenbrumsel2@gmail.com)

**Populations (Ages) Served:** Children - Adults

**Payment Accepted:** Private pay only (no insurance filed);  
Cash; Checks; Credit Cards

**Therapies Utilized:** Individual; Family; Groups - Teams;  
Sports Workshops

**Orientation:** Sports Psychologist; Cognitive-  
Behavioral; Family & Child REBT

**Speciality Areas &  
Special Populations:** Sports Psychologist

**Approaches:** Work with family & child on sports and  
behavioral problems (ADHD; School  
Problems; Panic Anxiety; Stress  
Management)

**Other Services Offered:** Evaluations, as needed

Western North Carolina Psychological Association Directory

**AUDREY ULKE, PSY.D.**

Mission Weight Management  
1 Hospital Drive, Suite 3400  
Asheville, NC 28801

**License:** NC/LP # 5122

**Office Phone:** 828-213-4954

**E-Mail:** [audreyulke@gmail.com](mailto:audreyulke@gmail.com)

**Populations (Ages) Served:** Adult

**Payment Accepted:** All Insurance; Cash; Check; Credit Cards

**Therapies Utilized:** Individual; Workshop

**Orientation:** Cognitive-Behavioral; Psychodynamic

**Speciality Areas & Special Populations:** Bariatrics; Weight Loss

**Other Services Offered:** Bariatric Evaluation

Western North Carolina Psychological Association Directory

**MICHELE VILLALOBOS, PH.D.**

UNC Medical School - TEACCH Autism Program  
100 Technology Drive, Suite A  
Asheville, NC 28803

**License:** NC/LP # 4585

**Office Phone:** 828-251-6319 **(Answering)**

**Cel-Phone:** 801-750-7290

**FAX:** 828-251-6358

**E-Mail:** [michele\\_villalobos@med.unc.edu](mailto:michele_villalobos@med.unc.edu)

**Website:** [www.teacch.com](http://www.teacch.com)

**Populations (Ages) Served:** All ages (Children - Seniors)

**Languages Used:** English; Spanish

**Payment Accepted:** All insurance; Cash/Check; Credit Card

**Therapies Utilized:** Individual; Family; Group; Workshops

**Orientation:** Patient-Centered; Behavioral

**Special Populations:** Autism; Developmental Disabilities;  
0-3 Early Diagnosis

**Techniques & Approaches:** Structured teaching; CBT; DBT; ABA

**Other Services Offered:** Evaluations (Autism; Developmental; Neuro-psych); Supervision

Western North Carolina Psychological Association Directory

**DIANE VOYTEK, PH.D.**

Mills River, NC 28759

**License:** NC/LP # 1918

**Office Phone:** 828-513-1958

**Cel-Phone:** 828-329-6080

**E-Mail:** voytekdiane@msn.com

**Populations (Ages) Served:** All ages

**Payment Accepted:** Sliding Scale; Cash; Checks

**Therapies Utilized:** Individual; Family

**Techniques & Approaches:** Neuro-feedback

**JACQUE LYNNE WASHKWICH, PH.D.**

134 Furman Avenue  
Asheville, NC 28801

**License:** NC/LP # 2812

**Office Phone:** 828-280-2274 **(Answering)**

**E-Mail:** [DrJacque@gmail.com](mailto:DrJacque@gmail.com)

**Populations (Ages) Served:** Adults; Seniors; Geriatrics

**Payment Accepted:** Insurance (Blue Cross/Blue Shield; Medicare); Cash; Check; Credit Card

**Therapies Utilized:** Individual; Couple; Family; Group

**Orientation:** Cognitive-Behavioral; Motivational Interviewing; Holistic

**Speciality Areas & Special Populations:** Addictions (including substance abuse and process addictions); Coping with addiction & mental illness in the family; depression; anxiety; trauma; relational difficulties; life transitions; grief & loss

**Techniques & Approaches:** Integrated Holistic & empirically validated treatments; addiction treatments & mindfulness interventions; 12-Step if desired

Western North Carolina Psychological Association Directory

**LINDA S. WILSON, PH.D.**

1011 Tunnel Road, Suite 240  
Asheville, NC 28805

**License:** NC/LP # 2722

**Office Phone:** 828-215-0589 (Answering)

**FAX:** 828-412-0282

**E-Mail:** [drlindawilson@gmail.com](mailto:drlindawilson@gmail.com)

**Populations (Ages) Served:** Adults - Seniors

**Payment Accepted:** Insurance (Blue Cross/Blue Shield; Medicare; Tri-care; Crescent PPO; HealthScope; United Health Care; PPO's); Cash; Check; Credit Cards

**Therapies Utilized:** Individual

**Orientation:** Interpersonal; Cognitive-Behavioral; Psychodynamic

**Speciality Areas & Special Populations:** Adult ADD; LGBT; Depression; Anxiety

**Techniques & Approaches:** Biofeedback; Gestalt

**Other Services Offered:** Supervision

Western North Carolina Psychological Association Directory

**SHARON YOUNG, PH.D.**

Fullcircle Community Wellness  
322 8<sup>th</sup> Avenue East  
Hendersonville, North Carolina 28792

**License:** NC/LP # 2691

**Office Phone:** 828-774-9648 (cell-phone)

**FAX:** 888-595-9450

**E-Mail:** [sharon@Fullcirclewnc.org](mailto:sharon@Fullcirclewnc.org)

**Website:** [www.Fullcirclewnc.org](http://www.Fullcirclewnc.org)

**Populations (Ages) Served:** Older children (age 12+) - Seniors

**Payment Accepted:** Insurance (Blue Cross/BlueShield; Tricare; Medicare); Cash; Check; Credit Card; Some Sliding Scale

**Therapies Utilized:** Individual; Couples; Family; Groups; Workshops (wide variety of mental health and wellness topics)

**Orientation:** Cognitive-Behavioral; Process-Experiential; Psychodynamic

**Techniques:** Gottman Method; Narrative

**Other Services Offered:** Consultation Services (Clinical Program Development & Outcomes Program Development); Supervision; Limited Evaluations (Screenings)